



Personal, Health, Social and Economic Education Policy

January 2023

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Linton School

Personal, Health, Social and Economic Education Policy

Adopted by: Rebekah Dennett

Review date: January 2024

Designated Safeguard Lead: Rebekah
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Head Teacher: Rebekah Dennett

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Lancashire County Council – School Safeguarding Helpline: 01772 531196

Lancashire County Council – Emergency Duty Team: 0300 123 6722 (out of office hours)

Blackpool Council – Multi-Agency Safeguarding Hub (MASH): 01253 477299

If the child is at immediate risk, please call the police on 999.

Our School

Linton School is an independent special school for young people with Social, Emotional and Mental Health difficulties for both boys and girls aged 8-18 years old. The school is registered for up to 12 learners and consists of 4 small classes to provide a nurturing environment to develop and progress throughout their learning journey. We are a trauma informed school that is able to support children and teenagers who suffer with trauma or mental health problems and whose troubled behaviour acts as a barrier to learning. Located in rural Preston we therefore benefit from some amazing outdoor space where we develop our outdoor, equestrian and horticulture skills. All the staff at Linton School are committed to creating a setting which not only focuses on academic success, but also provides our learners opportunities to develop their social, communication and independent skills.

Culture and Ethos

We are committed to providing a nurturing, safe and ambitious learning environment that supports every young person to achieve lifelong skills through a diverse learner centred curriculum. Respectful and supportive relationships are at the heart of all we do; we value every member of the school community equally. Through bespoke curriculums tailored towards each individual pupil's needs, experiences, interests and strengths we foster a love for learning and support our young people to achieve their full potential. As an educational setting our main aim is to prepare our pupils to make a positive contribution towards society by giving our students the skills they need to be successful, resilient and inspirational young adults. Linton schools' purpose is to improve the quality of life for our young people both now, and in the future, 'building our futures together'.

The Vision

Linton School provides a safe, nurturing learning environment to provide skills for lifelong opportunities, which gives the young people an ambitious outlook towards their future.

The vision drives everything we do and will be achieved through:

- Outdoor enrichment activities to promote life skills through play, nurture and teamwork.
- Promoting independence, patience and listening skills through Equestrian lessons.
- Multi-disciplinary links from both internal and external companies to provide a bespoke, broad and balanced curriculum that develops the education of our pupils.
- Empowering each learner to achieve their personal goals and develop a lifelong love of learning.
- A positive and ambitious school environment that promotes learning for all.
- Offering a broad range of learning experiences within the curriculum that values academic attainment as well as developing social skills, experiences and resilience.

More information about the school can be found in the school Prospectus.

1. Aims

The PHSE programme, along with AQA, at Linton School aims to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens, whilst promoting mental health and emotional wellbeing.

The main aims of our curriculum are to enable the children:

- to stay as healthy as possible
- to learn to keep themselves and others safe, including recognising signs of bullying and knowing where to turn to for help
- to learn how to use the internet, including social media, safely and responsibly
- to develop effective, satisfying and safe relationships
- to learn to recognise similarities and differences between themselves and others and to respect these differences
- to be independent and responsible members of the school community
- to be positive and active members of a democratic society
- to develop self-confidence and self-esteem, and to make informed choices regarding personal and social issues
- to develop good relationships with other members of the school and wider community

Through the curriculum we are able to nurture and support the Spiritual, Moral, Social and Cultural (SMSC) development of our pupils and promote the Fundamental British Values of Democracy, the Rule of Law, Individual Liberty, and Mutual Respect and tolerance of those with different faiths and beliefs'.

2. Statutory requirements

PHSE is a non-statutory subject. However, there are aspects of it we are required to teach.

Primary aged children and young people:

- We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

Secondary aged children and young people:

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

3. Content and delivery

What we teach

As stated above, we're required to cover the content for relationships and Sex Education, and Health Education, as set out in the statutory guidance (linked to above).

Refer to our Relationships and Sex Education (RSE) policy for details about what we teach, and how we decide on what to teach, in this subject, which is available on the school website or can be requested by speaking to Rebekah Dennett, Head Teacher.

For other aspects of PHSE, including Health Education, see the attached curriculum map for more details about what we teach in each Key Stage (see Appendix 1).

How we teach it

At Linton School we ensure that all children and young people are sensitively taught PHSE lessons. Below are details of how the PHSE curriculum is delivered:

- Each class/key stage at Linton School will have 2 lessons of PHSE each week
- PHSE is also delivered during assemblies, form time and whole-school events such as Enrichment days
- Linton School aims for every class/key stage to have access to regular off-site education, including education trips which enhance the educational offer
- Steph White will be responsible for teaching the PHSE curriculum to all the classes/key stages however, at times visitors may be welcome to school to deliver discrete subjects and subjects may be covered during science lessons by Sean Di Sora
- All young people will follow a bespoke curriculum that is tailored to their needs and some children may start on a lower key stage depending on their emotional and physical well-being and their current understanding of the topic
- Teachers will not let their personal beliefs and attitudes affect their teaching or attempt to influence the learners
- Controversial topics and/or difficult questions will be addressed with professionalism by all staff, where this might raise safeguarding concerns these will be reported to the DSL (please see the Safeguarding and Child Protection Policy)
- Linton School has a range of accredited courses available for PHSE including ASDAN Short course and AQA Personal and Social Education from Entry Level to Level 2 awards and certificates
- Progress with PHSE will be reported to parents/carers like everything other subject taught at Linton School which is; termly and through the Curriculum Overview document

4. Roles and responsibilities

The Governing Board

The governing board will approve the PHSE policy, and hold the Head Teacher to account for its implementation.

The Head Teacher

The Head Teacher is responsible for ensuring that PHSE is taught consistently across the school.

Staff

Staff are responsible for:

- Delivering PHSE in a sensitive way
- Modelling positive attitudes to PHSE
- Monitoring progress
- Responding to the needs of individual pupils

Pupils

Pupils are expected to engage fully in PHSE and, when discussing issues related to PHSE, treat others with respect and sensitivity.

5. Monitoring arrangements

This policy will be reviewed by the Head Teacher every 12 months. The date of next review will be **January 2024**.

6. Links to other policies

For further information on aspects of this policy please refer to:

- Safeguarding and Child Protection Policy
- Curriculum Policy
- RSE Policy
- Remote Learning Policy
- Anti-bullying Policy
- Complaints Policy
- Off-site Educational Visits Policy
- Equal Opportunities

Appendix 1 – PHSE Programme of Study

Orange Class

Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Healthy Living and Personal Hygiene	Recognising feelings and emotions	Smoking drugs and alcohol awareness	Relationships and sex education	Personal wellbeing	Independence and self help

Blue Class

Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Health and wellbeing for young people. Communication	Health and wellbeing, Diet and hydration	Staying safe	Developing self-esteem	Bullying	Sex education – Puberty and adolescence

Purple Class

Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Healthy lifestyles- Diet, sleep and exercise	Healthy lifestyles – Ways to prevent ill health	Relationships and consent	Developing self- esteem	Awareness of our NHS	Personal resilience

Green Class

Autumn term 1	Autumn term 2	Spring term 1	Spring term 2	Summer term 1	Summer term 2
Personal resilience – Dealing with challenging situations	Health and Wellbeing for young people – Diet and Hydration	Self-concept – recognising personal strengths, building self-confidence and self-esteem	Achieve – Goal setting	Understanding alcohol and its dangers	Bullying, abuse and discrimination – abusive behaviours